1. Slips, trips, and falls are caused **ONLY** by physical conditions such as poor housekeeping, wet or slippery surfaces, poor lighting, environmental factors, or a change in surface elevation or texture.
   a) True
   b) False

**RATIONALE:** The first step in preventing falls is to be aware of your surroundings and identify all the potential slip, trip and fall hazards for every job you do. While paying close attention to the physical hazards that surround you is important, personal factors such as inappropriate footwear, not being aware of your surroundings, rushing, taking short cuts, and texting while walking can also lead to slips, trips, and falls.

2. Falls at same level rarely cause serious injuries.
   a) True
   b) False

**RATIONALE:** According to the WSIB, falls at the same level are the 3rd leading cause of lost-time injuries in Ontario.

3. Which of the following actions will help minimize slips, trips, and falls?
   a) Pay attention to your footing
   b) Wear appropriate footwear
   c) Only clean up at the end of a task
   d) (a) & (b) only

**RATIONALE:** While paying close attention to the physical hazards that surround you is important, personal factors such as inappropriate footwear, not being aware of your surroundings, rushing, taking short cuts, and texting while walking can also lead to slips, trips, and falls.

4. If you can’t fix a slip, trip, or fall hazard on your own, you must report the hazard to your supervisor.
   a) True
   b) False
RATIONALE: Under the Occupational Health and Safety Act, s.28.1(c) (d), any worker who is aware of a hazard has a responsibility to report it to his or her supervisor.

5. Employers and supervisors can help prevent slips, trips, and falls by:
   a) Developing a housekeeping plan
   b) Give safety talks on housekeeping
   c) Filling in low-lying areas with gravel to reduce the accumulation of water, ice, and mud
   d) All of the above

RATIONALE: Your supervisor can help keep the workplace safe by fixing any hazards and providing the proper equipment around the jobsite to make it easy for workers to keep the site clean and organized.